



**Schat's Bakery & Deli**  
**at the Eagle's Nest**  
1000 Hensley Creek Rd. | Ukiah, CA  
(707) 468-3145

Name: \_\_\_\_\_

Pick up time: \_\_\_\_\_

Lunch Served Mon. – Thurs. | 8:00 am - 3:00 pm

## Specialty Salads

- ☐ **Caesar\*** ..... 9<sup>50</sup> / 12<sup>50</sup>  
Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago and croutons
- ☐ **Chicken Caesar\*** ..... 10<sup>50</sup> / 13<sup>50</sup>  
Our classic Caesar topped with marinated chicken
- ☐ **Cashew Chicken** ..... 10<sup>50</sup> / 13<sup>50</sup>  
Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds
- ☐ **Ultimate Caesar Salad** ..... 10<sup>50</sup> / 13<sup>50</sup>  
Romaine lettuce, parmesan cheese, asiago cheese, tomatoes, cucumbers, bacon, topped w/croutons tossed in a Caesar dressing
- ☐ **College Greens** ..... 8<sup>50</sup> / 11<sup>50</sup>  
Mixed greens, shredded cabbage, red onions, grated carrots, cucumbers, tomatoes and croutons with your choice of dressing
- ☐ **Cobb Salad** ..... 10<sup>50</sup> / 13<sup>50</sup>  
Marinated chicken breast on a bed of greens, hard boiled egg, tomatoes, avocado, with bacon bits and crumbled blue cheese with avocado vinaigrette
- ☐ **College Chef** ..... 11<sup>50</sup> / 14<sup>50</sup>  
Everything in the college greens, ham, turkey, boiled egg, bacon bits, jack & cheddar cheese with your choice of dressing
- ☐ **Soup & Small Green Salad** ..... 13<sup>50</sup>  
Small green salad with a bowl of soup
- ☐ **Soup & Small Caesar Salad** ..... 13<sup>50</sup>  
Small caesar salad with a bowl of soup

## Salad Dressings

- |   |  |
|---|--|
| <input type="checkbox"/> Balsamic Vinaigrette | <input type="checkbox"/> Avocado Vinaigrette |
| <input type="checkbox"/> Bleu Cheese          | <input type="checkbox"/> Italian             |
| <input type="checkbox"/> Caesar*              | <input type="checkbox"/> Sesame              |
|   | <input type="checkbox"/> Ranch               |

Substitutions additional topping(s) or changes may require extra charge.

**\*Caesar salad contains raw egg**

## Soup - Made Fresh Daily

- ☐ **Cup of Soup** ..... 6<sup>75</sup>
- ☐ **Bowl of Soup** ..... 8<sup>25</sup>

## Burritos

- ☐ **Grilled Chicken Burrito** ..... 11<sup>95</sup>  
Chicken, beans, cheese, rice, lettuce, tomato, red onion with side salsa and sour cream (add avocado for 1<sup>10</sup>)
- ☐ **Grilled Steak Burrito** ..... 11<sup>95</sup>  
Seasoned steak, cheese, Spanish rice, beans and tomato wrapped in a flour tortilla. Served with salsa and sour cream.
- ☐ **Grilled Vegetarian Burrito** ..... 11<sup>95</sup>  
Beans, cheese, rice, grilled veggies, lettuce, tomato and avocado wrapped in a flour tortilla. Served with salsa and sour cream.

## Quiche

- ☐ **Homemade Quiche Ala Carte** ..... 10<sup>50</sup>  
*With your choice of:*  
☐ Cup of Soup   ☐ \*Caesar   ☐ Green Salad   ☐ Cup of Fruit... 12<sup>95</sup>

## Paninis & Tortinis

Choose a Panini with Schat's bread  
or a Tortini with a flour tortilla

- ☐ **Pesto Grilled Chicken Panini** ..... 11<sup>25</sup>  
Pesto, grilled chicken, spinach, tomatoes, onions, provolone on sourdough or a tortilla
- ☐ **BBQ Grilled Chicken Panini** ..... 11<sup>25</sup>  
BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack cheese on sourdough or a tortilla
- ☐ **BBQ Grilled Tri-Tip Panini** ..... 11<sup>25</sup>  
BBQ Grilled Tri-Tip, onions, bell peppers, tomatoes, jalapeno jack cheese on shepherders bread or tortilla
- ☐ **Chipotle Turkey Tortini** ..... 11<sup>25</sup>  
Turkey, rice, spinach, jalapenos, tomatoes, onion with jack cheese and chipotle sauce on sourdough or a tortilla

Order online at [www.Schats.com](http://www.Schats.com)



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## Specialty Sandwiches

☐ **Small Sandwich and Your Choice of** ..... 12<sup>95</sup>

☐ Cup of Soup ☐ Caesar\* ☐ Green Salad ☐ Cup of Fruit

☐ **The Final Exam** ..... 8<sup>75</sup> / 11<sup>75</sup>

Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack cheese, mayo, and mustard on sliced sourdough

☐ **Honor Roll** ..... 8<sup>50</sup> / 11<sup>50</sup>

Avocado, sprouts, onion, cucumber, tomatoes, spinach, carrots, and jack cheese with honey dijon on multi-grain bread

☐ **Mid Term** ..... 8<sup>50</sup> / 11<sup>50</sup>

Tuna, tomato and sprouts on sliced sourdough

☐ **Incomplete (wrap)** ..... 8<sup>50</sup> / 11<sup>50</sup>

Turkey, avocado, lettuce, tomato, swiss cheese and mayonnaise in a flour tortilla

☐ **The Achiever (wrap)** ..... 8<sup>50</sup> / 11<sup>50</sup>

Marinated chicken and bacon tossed with Caesar\* salad in a flour tortilla

☐ **B.L.T.** ..... 8<sup>50</sup> / 11<sup>50</sup>

Bacon, lettuce, tomato with mayonnaise on toasted shepherders bread

☐ **B.L.T.C.A.** ..... 9<sup>50</sup> / 12<sup>50</sup>

Bacon, lettuce, tomato, chicken, avocado and mayonaise with pesto sauce on toasted sourdough bread

☐ **Ukiah Cheese Steak** ..... 9<sup>25</sup> / 12<sup>25</sup>

Grilled tri-tip, bell peppers, onions, salt & pepper topped with melted provolone & cheddar cheese on a grilled soft roll

## Value Menu

☐ **2 Chicken Tacos** ..... 6<sup>95</sup>

☐ **2 Steak Tacos** ..... 6<sup>95</sup>

☐ **The Mendo Eagle** ..... 7<sup>95</sup>

Dutch crunch roll, European butter, fresh roasted turkey, salami and swiss cheese

☐ **Bag Lunch** ..... 11<sup>95</sup>

Regular build your own sandwich (price doesn't include extras), bag of chips and fountain drink

## Build Your Own Awesome Sandwich

☐ **Small Sandwich** ..... 8<sup>50</sup>

☐ **Large Sandwich** ..... 11<sup>50</sup>

☐ **Small Sandwich Combo, Add One Side:** .... 12<sup>95</sup>

☐ Cup of Soup ☐ Caesar\* ☐ Green Salad ☐ Cup of Fruit

### Breads

- ☐ Shepherders
- ☐ Sourdough
- ☐ French Roll
- ☐ Dutch Crunch Roll
- ☐ Hoagie Soft Roll
- ☐ Multi-Grain Wheat
- ☐ Tortilla Wrap
- ☐ Gluten Free (.50)

### Meats

- ☐ Ham
- ☐ Roast Beef
- ☐ Roasted Turkey
- ☐ Tuna
- ☐ Salami
- ☐ Chicken Salad

### Cheese

- ☐ Monterey Jack
- ☐ Mild Cheddar
- ☐ Swiss
- ☐ Provolone
- ☐ Jalapeno Jack
- ☐ Cream Cheese (.65)

### Condiments

- ☐ Dijon
- ☐ Honey Dijon
- ☐ Mayonnaise
- ☐ Mendo Mustard
- ☐ Mustard
- ☐ Green Leaf Lettuce
- ☐ Iceburg Lettuce
- ☐ Tomato
- ☐ Onions
- ☐ Sprouts
- ☐ Pickles
- ☐ Oil & Vinegar
- ☐ Salt & Pepper
- ☐ Vegenaïse

### Extras

- ☐ Pesto Sauce (.85)
- ☐ Carrots (.50)
- ☐ Cucumbers (.65)
- ☐ 1/4 Avocado (1<sup>20</sup>)
- ☐ 1/2 Avocado (2<sup>40</sup>)
- ☐ Pepperoncini (.65)
- ☐ Sliced Jalapenos (.65)

## Ready to Go

### In a Hurry?

**Check out the pre-made items in our case!**  
**Burritos, Sandwiches and More!**