



Schat's Bakery & Cafe at Friedman's

1255 A Airport Park Blvd. | Ukiah, CA | (707) 468-5850
Lunch Served M-F 6am-4pm | Sat 7am-4pm | Sun 8am-4pm

- Order online at www.schats.com -



Quick Breakfast Ideas

Served until 11am Mon-Fri and 11:30am Sat & Sun

Schat's Breakfast Bagel..... 850

Choose any one of our delicious bagels and we'll add scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey

California Light Bagel..... 750

Cream cheese, cucumber, tomato, avocado and sprouts on your choice of bagel

Filled Breakfast Croissant.....950

Scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey on a croissant

Schat's Breakfast Burrito..... 1025

Scrambled eggs, melted cheese, seasoned potatoes, with your choice of ham, bacon, sausage or turkey with salsa on the side

Garden Breakfast Burrito..... 1025

Filled with eggs, tomatoes, seasoned potatoes, onions, mushrooms, spinach, zucchini, bell peppers, and avocado with salsa on the side

Hot! Hot! Hot! Burrito..... 1050

Scrambled eggs with Louisiana Hot Sausage, jalapeños, cheese, seasoned potatoes, mushrooms and a dash of Tobasco sauce

Old Fashioned Buckeye Oatmeal.....800

Served with brown sugar, cranberries, walnuts and milk

Zach's Breakfast Bowl*..... 1275

Seasoned potatoes, sauteed veggies, avocado, choice of ham, bacon sausage or turkey, topped with three over easy eggs

Protein Burrito

Three egg whites plus a whole egg scrambled with bacon, mushrooms, spinach, red bell peppers, feta cheese, and avocado

Wrapped in a tortilla..... 1175

In a bowl with wheat toast..... 1175

Breakfast Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

Bacon, Mushroom, Spinach Panini/Tortini..... 1050

Bacon, mushroom, spinach, jack cheese and eggs on Shepherders bread or a tortilla

Apple Chicken Sausage Panini/Tortini..... 1050

Apple chicken sausage, spinach, mushroom, jack cheese & eggs served on sourdough wheat bread or a tortilla

Schat's Specialty Salads Served with a Fresh Roll & Butter

Dressings Available: Ranch, Bleu Cheese, 1000 Island, Honey Mustard, Avocado Vinaigrette, Italian, Sesame, Balsamic Vinaigrette and Caesar*

Caesar Salad*..... 925 / 1275

Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago cheese and croutons

Add Chicken..... 1050 / 1450

Ultimate Caesar Salad*..... 1050 / 1450

Romaine lettuce, Parmesan cheese, asiago cheese, tomatoes, cucumbers, bacon, topped with croutons tossed in a Caesar dressing

Cashew Chicken..... 1050 / 1450

Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds

Apple Walnut Feta..... 1050 / 1450

Mixed Greens, apples, caramelized walnuts and feta cheese served with honey mustard dressing

Misdemeanor Chopped Salad 1100 / 1450

A delicious combination of chopped mixed greens, cabbage, spinach, carrots, broccoli, red bell peppers, cauliflower, artichokes, red onion, sprouts, sunflower seeds and avocados. All chopped and tossed in your favorite dressing.

Cobb Salad..... 1050 / 1450

Marinated chicken breast on a bed of greens, hard boiled egg, tomatoes, and avocado slices with avocado vinaigrette dressing topped with bacon bits and crumbled bleu cheese

Taco Salad..... 1000 / 1325

Tortilla chips, a bed of greens, warm vegetarian black beans, tomatoes, onions, sour cream, salsa and cheese

Add Chicken..... 1100 / 1450

Cafe Greens..... 875 / 1225

Greens with broccoli, cauliflower, carrots, tomatoes, cucumber, sprouts & choice of dressing

Cafe Chef..... 1100 / 1475

All the Courthouse greens plus jack, cheddar, ham, turkey, hard-boiled egg and bacon bits

Grilled Pesto Chicken Salad..... 1100 / 1475

Pene pasta with Romaine lettuce, tomatoes, carrots, bell peppers, rice sticks with pesto grilled chicken and Italian dressing

Mediterranean Salad..... 1100 / 1475

Marinated chicken breast on a bed of greens, chopped salami, artichoke hearts, olives, sun-dried tomatoes, feta cheese, with Italian dressing

Soups - Made Fresh Daily

Cup of Soup..... 650

Bowl of Soup..... 800

All You Can Eat Soup & Bread..... 1300

Soups & Salad

Cafe Greens & Bowl of Soup..... 1475

Caesar* & Bowl of Soup..... 1475

* Contains raw or undercooked eggs. Regarding the safety of these items, written information is available upon request.

Burritos

Chicken Burrito..... 1250

Beans, chicken, cheese, rice, red onions, tomato, and lettuce in a flour tortilla. Served with salsa & sour cream

Vegetarian Burrito..... 1250

Beans, cheese, rice, grilled veggies, tomato, avocado, and lettuce, in a flour tortilla. Served with salsa & sour cream

Specialty Combo

Regular Sandwich, 12 oz. cup of soup, Caesar* salad, cup of fruit or green salad..... 14⁰⁰

The Hammer 900 / 12²⁵

Sliced honey roasted chicken, red onions, smokey cheddar, tomatoes, sprouts, honey dijon, and mayo on Shepherd's bread

The Foreman..... 900 / 12²⁵

Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack cheese, mayo, and mustard on fresh sourdough bread

The Journeyman..... 900 / 12²⁵

Thin sliced, marinated Tri-Tip, cheddar, tomato, lettuce, mayo and chipotle sauce on a french roll

Friedman Bros. Classic 900 / 12²⁵

Heated lean New York style pastrami topped with cool cole slaw on a french roll with dijon mustard

Tool Time Tuna 850 / 11⁷⁵

Fresh tuna on a honey molasses bread with mayo, tomatoes & sprouts

Sub Contractor..... 900 / 12²⁵

Thin sliced salami, ham, turkey, onions, olives, provolone, lettuce, tomato, mayo & pesto on a French roll

2 x 4 900 / 12²⁵

Ham, turkey, pastrami, marinated Tri-Tip, jack, cheddar, lettuce, tomato, mayo & mustard on multi-grain

The Arc Welder..... 900 / 12²⁵

Louisiana hot sausage on a french roll heated with mustard, pepperoncinis and jalapeño jack cheese

The Green House 850 / 11⁷⁵

A vegetarian sandwich served with avocado, sprouts, onions, cucumber, tomatoes, spinach, carrots, and jack cheese with honey dijon mustard on multi grain

B.L.T 900 / 12²⁵

Bacon, lettuce, tomato, with mayonnaise on toasted Seedlicious bread. (add avocado 1¹⁰ / 2²⁰)

B.L.T.C.A...... 900 / 12⁷⁵

Bacon, lettuce, tomato, chicken, avocado and mayonnaise with pesto sauce on toasted sourdough bread

The Home Improvement Club..... 1000 / 14⁰⁰

Black Forest ham, bacon, roasted turkey, lettuce, tomato, onions, jack and cheddar cheese, mayo and dijon stacked 3 high on toasted sourdough

The Architect 1175

Chicken salad sandwich on a fresh butter croissant with lettuce tomato and sprouts (add avocado for 2²⁰)

Wonderful Wraps

The Turkey Pen 875 / 12²⁵

Fresh roasted turkey breast, tomato, avocado, lettuce, jack cheese, mayo & mustard on a flour tortilla

Roman Pillar* 875 / 12⁰⁰

A delicious chicken & bacon Caesar salad wrapped in a flour tortilla

Thai Wrap 775 / 10⁵⁰

Sprouts, tomatoes, avocado, cilantro, bell peppers, olives, cucumbers, spinach, with a peanut vinegar dressing

Cobb Wrap..... 875 / 12⁰⁰

Marinated chicken breast, mixed greens, hard boiled egg, tomatoes, bacon bits, avocado slices, crumbled blue cheese with avocado vinaigrette wrapped in a tortilla

Regular Wrap Combo 1375

Your choice of wrap served with your choice of a cup of soup, garden salad, Caesar* salad, or a cup of fresh fruit

Build Your Own Custom Sandwich Creation

- Regular Sandwich..... 875
- Large Sandwich..... 12⁰⁰
- Custom Combo with regular sandwich, cup of soup, cup of fruit, or Caesar*/green salad 1375

Breads

- Shepherders
- Sourdough
- French Roll
- Dutch Crunch Roll
- Hoagie Soft Roll
- Multi-Grain Wheat
- Rye Bread
- Tortilla Wrap
- Honey Molasses
- Sourdough Wheat
- Seedlicious
- Gluten Free (.50)

Condiments

- Dijon
- Honey Dijon
- Mayonnaise
- Mendo Mustard
- Mustard
- Green Leaf Lettuce
- Iceberg Lettuce
- Tomato
- Onions
- Sprouts
- Pickles
- Oil & Vinegar
- Salt & Pepper
- Vegemise

Meats

- Ham
- Roast Beef
- Roasted Turkey
- Smoked Turkey
- Tuna
- Salami
- Pastrami
- Honey Roasted Chicken (add .50)
- Chicken Salad

Cheese

- Monterey Jack
- Mild Cheddar
- Swiss
- Provolone
- Jalapeno Jack
- Smokey Cheddar
- Cream Cheese (.50)

Extras

- Pesto Sauce (.85)
- Carrots (.50)
- Cucumbers (.65)
- Cranberry Sauce (.50)
- 1/4 Avocado (1¹⁰)
- 1/2 Avocado (2²⁰)
- Pepperoncinis (.65)
- Sliced Jalapeños (.65)
- Roasted Red Bells (.65)

Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

Chipotle Tri-Tip Panini..... 12⁰⁰

Tri-tip with chipotle sauce, mushrooms, bell peppers and pepper jack cheese on multigrain or a tortilla

Pesto Panini..... 12⁰⁰

Salami, pastrami, pesto, onions, roasted red bell peppers, artichoke hearts and provolone cheese on Shepherders or a tortilla

BBQ Grilled Chicken Panini 12⁰⁰

BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack cheese on sourdough or a tortilla

Tuna Melt Panini 12⁰⁰

White Albacore tuna salad, with Jack cheese on sourdough bread

Pesto Grilled Chicken Panini 12⁰⁰

Pesto, grilled chicken, spinach, tomatoes, onions, provolone & light mayo on our sourdough wheat bread

A la Carte

Homemade Quiche A la Carte 10⁵⁰

With side Caesar* / green salad or cup of soup or cup of fruit..... 1375