



Schat's Bakery & Cafe at Friedman's

1255 A Airport Park Blvd. | Ukiah, CA | (707) 468-5850
Lunch Served M-F 6am-4pm | Sat 7am-4pm | Sun 8am-4pm

- Order online at www.schats.com -



Quick Breakfast Ideas

Served until 11am Mon-Fri and 11:30am Sat & Sun

Schat's Breakfast Bagel..... 910

Choose any one of our delicious bagels and we'll add scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey

California Light Bagel..... 810

Cream cheese, cucumber, tomato, avocado and sprouts on your choice of bagel

Filled Breakfast Croissant..... 1095

Scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey on a croissant

Schat's Breakfast Burrito..... 1175

Scrambled eggs, melted cheese, seasoned potatoes, with your choice of ham, bacon, sausage or turkey with salsa on the side

Garden Breakfast Burrito..... 1175

Filled with eggs, tomatoes, seasoned potatoes, onions, mushrooms, spinach, zucchini, bell peppers, and avocado with salsa on the side

Hot! Hot! Hot! Burrito..... 1225

Scrambled eggs with Louisiana Hot Sausage, jalapeños, cheese, seasoned potatoes, mushrooms and a dash of Tobasco sauce

Old Fashioned Buckeye Oatmeal..... 800

Served with brown sugar, cranberries, walnuts and milk

Zach's Breakfast Bowl*..... 1450

Seasoned potatoes, sauteed veggies, avocado, choice of ham, bacon sausage or turkey, topped with three over easy eggs

Protein Burrito

Three egg whites plus a whole egg scrambled with bacon, mushrooms, spinach, red bell peppers, feta cheese, and avocado

Wrapped in a tortilla..... 1325

In a bowl with wheat toast..... 1325

Breakfast Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

Bacon, Mushroom, Spinach Panini/Tortini..... 1195

Bacon, mushroom, spinach, jack cheese and eggs on Shepherders bread or a tortilla

Apple Chicken Sausage Panini/Tortini..... 1195

Apple chicken sausage, spinach, mushroom, jack cheese & eggs served on sourdough wheat bread or a tortilla

Schat's Specialty Salads Served with a Fresh Roll & Butter

Dressings Available: Ranch, Bleu Cheese, 1000 Island, Honey Mustard, Avocado Vinaigrette, Italian, Sesame, Balsamic Vinaigrette and Caesar*

Caesar Salad*..... 975 / 1350

Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago cheese and croutons

Add Chicken..... 1150 / 1575

Ultimate Caesar Salad*..... 1150 / 1575

Romaine lettuce, Parmesan cheese, asiago cheese, tomatoes, cucumbers, bacon, topped with croutons tossed in a Caesar dressing

Cashew Chicken..... 1150 / 1575

Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds

Apple Walnut Feta..... 1125 / 1550

Mixed Greens, apples, caramelized walnuts and feta cheese served with honey mustard dressing

Misdemeanor Chopped Salad..... 1100 / 1495

A delicious combination of chopped mixed greens, cabbage, spinach, carrots, broccoli, red bell peppers, cauliflower, artichokes, red onion, sprouts, sunflower seeds and avocados. All chopped and tossed in your favorite dressing

Add Chopped Chicken..... 1250 / 1625

Cobb Salad..... 1150 / 1575

Marinated chicken breast on a bed of greens, hard boiled egg, tomatoes, and avocado slices with avocado vinaigrette dressing topped with bacon bits and crumbled bleu cheese

Taco Salad..... 1125 / 1400

Tortilla chips, a bed of greens, warm vegetarian black beans, tomatoes, onions, sour cream, salsa and cheese

Add Chicken..... 1150 / 1575

Cafe Greens..... 925 / 1295

Mixed greens with shredded cabbage, grated carrots, red onions, tomatoes, cucumbers and croutons with your choice of dressing

Cafe Chef..... 1175 / 1595

All the Cafe Greens plus jack, cheddar, ham, turkey, hard-boiled egg and bacon bits with your choice of dressing

Grilled Pesto Chicken Salad..... 1150 / 1575

Pene pasta with Romaine lettuce, tomatoes, carrots, bell peppers, rice sticks with pesto grilled chicken and Italian dressing

Cocineras Chopped Chipotle Salad..... 1150 / 1575

Penne pasta, romaine lettuce, tomatoes, carrots, bell peppers, rice sticks, chipotle grilled chicken all chopped up and tossed with chipotle ranch dressing

Soups - Made Fresh Daily

Cup of Soup..... 710

Bowl of Soup..... 860

All You Can Eat Soup & Bread..... 1375

Soups & Salad

Cafe Greens & Bowl of Soup..... 1525

Caesar* & Bowl of Soup..... 1525

* Contains raw or undercooked eggs. Regarding the safety of these items, written information is available upon request.

Burritos

Chicken Burrito..... 1300

Beans, chicken, cheese, rice, red onions, tomato, and lettuce in a flour tortilla. Served with salsa & sour cream

Vegetarian Burrito..... 1300

Beans, cheese, rice, grilled veggies, tomato, avocado, and lettuce, in a flour tortilla. Served with salsa & sour cream

Sandwiches | Wraps | Paninis & Tortinis | Quiche

A la Carte

Homemade Quiche A la Carte 1150
 With side Caesar* / green salad or cup of soup or cup of fruit..... 1500

Specialty Combo

Regular Sandwich with your choice of 12 oz. cup of soup,
 Caesar* salad, cup of fruit or green salad..... 1465

The Hammer 960 / 1295
 Sliced honey roasted chicken, red onions, smokey cheddar, tomatoes,
 sprouts, honey dijon, and mayo on Shepherder's bread

The Foreman..... 975 / 1295
 Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack
 cheese, mayo, and mustard on fresh sourdough bread

The Journeyman..... 950 / 1275
 Thin sliced, marinated Tri-Tip, cheddar, tomato, lettuce, mayo and chipotle
 sauce on a french roll

Friedman Bros. Classic 950 / 1275
 Heated lean New York style pastrami topped with cool cole slaw on a
 french roll with dijon mustard

Tool Time Tuna 935 / 1265
 Fresh tuna on a honey molasses bread with mayo, tomatoes & sprouts

Sub Contractor..... 950 / 1275
 Thin sliced salami, ham, turkey, onions, olives, provolone, lettuce, tomato,
 mayo & pesto on a French roll

2 x 4..... 975 / 1295
 Ham, turkey, pastrami, marinated Tri-Tip, jack, cheddar, lettuce, tomato,
 mayo & mustard on multi-grain

The Arc Welder..... 950 / 1275
 Louisiana hot sausage on a french roll heated with mustard, pepperoncinis
 and jalapeño jack cheese

The Green House 935 / 1265
 A vegetarian sandwich served with avocado, sprouts, onions, cucumber, toma-
 toes, spinach, carrots, and jack cheese with honey dijon mustard on multi grain

B.L.T 935 / 1265
 Bacon, lettuce, tomato, with mayonnaise on toasted Seedlicious bread.
 (add avocado 140 / 275)

B.L.T.C.A...... 975 / 1310
 Bacon, lettuce, tomato, chicken, avocado and mayonnaise with pesto
 sauce on toasted sourdough bread

The Home Improvement Club..... 1095 / 1500
 Black Forest ham, bacon, roasted turkey, lettuce, tomato, onions, jack and
 cheddar cheese, mayo and dijon stacked 3 high on toasted sourdough

The Architect 1295
 Chicken salad sandwich on a fresh butter croissant with lettuce tomato and
 sprouts (add avocado for 275)

The Kitchen Sink..... 950 / 1275
 Tender sliced chicken with lettuce, tomato, onion, spinach, sprouts,
 cucumbers, carrots and jalapeno jack cheese, mayo and mustard,
 served on fresh multigrain

Build Your Own Custom Sandwich Creation

- Regular Sandwich.....935
- Large Sandwich..... 1265
- Custom Combo with regular sandwich, cup of soup,
 cup of fruit, or Caesar*/green salad 1445

Wonderful Wraps

The Turkey Pen 935 / 1265
 Fresh roasted turkey breast, tomato, avocado, lettuce, jack cheese,
 mayo & mustard on a flour tortilla

Roman Pillar* 935 / 1265
 A delicious chicken & bacon Caesar salad wrapped in a flour tortilla

Thai Wrap..... 935 / 1265
 Sprouts, tomatoes, avocado, cilantro, bell peppers, olives, cucumbers,
 spinach, with a peanut vinegar dressing

Cobb Wrap..... 935 / 1265
 Marinated chicken breast, mixed greens, hard boiled egg, tomatoes,
 bacon bits, avocado slices, crumbled blue cheese with avocado
 vinaigrette wrapped in a tortilla

Regular Wrap Combo 1445
 Your choice of wrap served with your choice of a cup of soup, garden
 salad, Caesar* salad, or a cup of fresh fruit

Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

Chipotle Tri-Tip Panini..... 1295
 Tri-tip with chipotle sauce, mushrooms, bell peppers and pepper
 jack cheese on multigrain or a tortilla

BBQ Grilled Chicken Panini 1295
 BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack
 cheese on sourdough or a tortilla

Tuna Melt Panini 1295
 White Albacore tuna salad, with Jack cheese on sourdough bread

Pesto Grilled Chicken Panini 1295
 Pesto, grilled chicken, spinach, tomatoes, onions, provolone & light
 mayo on our sourdough wheat bread

Breads

- Shepherders
- Sourdough
- French Roll
- Dutch Crunch Roll
- Hoagie Soft Roll
- Multi-Grain Wheat
- Rye Bread
- Tortilla Wrap
- Honey Molasses
- Sourdough Wheat
- Seedlicious
- Gluten Free (.50)

Cheese

- Monterey Jack
- Mild Cheddar
- Swiss
- Provolone
- Jalapeno Jack
- Smokey Cheddar
- Cream Cheese (.75)

Condiments

- Dijon
- Honey Dijon
- Mayonnaise
- Mendo Mustard
- Mustard
- Green Leaf Lettuce
- Iceburg Lettuce
- Tomato
- Onions
- Sprouts
- Pickles
- Oil & Vinegar
- Salt & Pepper
- Vegenaïse

Meats

- Ham
- Roast Beef
- Roasted Turkey
- Smoked Turkey
- Tuna
- Salami
- Pastrami
- Honey Roasted
 Chicken (add .25)
- Chicken Salad

Extras

- Pesto Sauce (.85)
- Carrots (.50)
- Cucumbers (.75)
- Cranberry Sauce (.50)
- 1/4 Avocado (140)
- 1/2 Avocado (275)
- Pepperoncini (.75)
- Sliced Jalapeños (.75)
- Roasted Red Bells (.75)