



Schat's Bakery & Deli at the Eagle's Nest

1000 Hensley Creek Rd. | Ukiah, CA
(707) 468-3145

Breakfast 8:00 am - 10:30 am

Name: _____

Pick up time: _____

☐ **Breakfast Bagel**..... 7⁴⁵

A fresh baked bagel with scrambled eggs and melted cheese

Add One Item: ☐ Ham ☐ Bacon ☐ Sausage ☐ Turkey ☐ Avocado

☐ **California Light Bagel**..... 6⁷⁵

Cream cheese, cucumber, tomato, avocado, and sprouts on your choice of bagel

☐ **Breakfast Burrito**..... 9⁰⁰

Scrambled eggs, cheese, seasoned potatoes in a flour tortilla and salsa on the side

Add One Item: ☐ Ham ☐ Bacon ☐ Sausage ☐ Turkey ☐ Avocado

☐ **Garden Breakfast Burrito**..... 9⁰⁰

Scrambled eggs, tomato, seasoned potatoes, onion, mushroom, spinach, zucchini, bell pepper, and avocado in a flour tortilla

☐ **Schat's Breakfast Sandwich**..... 6⁷⁵

Medium fried egg or scrambled egg with choice of breakfast meat and melted cheese on sourdough bread

Add One Item: ☐ Ham ☐ Bacon ☐ Sausage ☐ Turkey ☐ Avocado

☐ **Filled Croissant**..... 8²⁵

Fresh baked croissant filled with scrambled eggs and cheese

Add One Item: ☐ Ham ☐ Bacon ☐ Sausage ☐ Turkey ☐ Avocado

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Specialty Salads

- ☐ **Caesar*** 8²⁵ / 11²⁵
Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago and croutons
- ☐ **Chicken Caesar*** 9²⁵ / 12²⁵
Our classic Caesar topped with marinated chicken
- ☐ **Cashew Chicken** 9²⁵ / 12²⁵
Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds
- ☐ **Ultimate Caesar Salad** 9²⁵ / 12²⁵
Romaine lettuce, parmesan cheese, asiago cheese, tomatoes, cucumbers, bacon, topped w/croutons tossed in a Caesar dressing
- ☐ **College Greens** 7⁹⁵ / 10⁹⁵
A bed of mixed greens, broccoli, cauliflower, grated carrot, cucumber and tomato with your choice of dressing
- ☐ **Cobb Salad** 9²⁵ / 12²⁵
Marinated chicken breast on a bed of greens, hard boiled egg, tomatoes, avocado, with bacon bits and crumbled blue cheese with avocado vinaigrette
- ☐ **College Chef** 10⁰⁰ / 12⁷⁵
Everything in the college greens, ham, turkey, boiled egg, bacon bits, jack & cheddar cheese with your choice of dressing
- ☐ **Soup & Small Green Salad** 12⁷⁵
Small green salad with a bowl of soup
- ☐ **Soup & Small Caesar Salad** 12⁷⁵
Small caesar salad with a bowl of soup

Salad Dressings

- | | |
|---|--|
| ☐ Balsamic Vinaigrette | ☐ Avocado Vinaigrette |
| ☐ Bleu Cheese | ☐ Italian |
| ☐ Caesar* | ☐ Sesame |
| | ☐ Ranch |

Substitutions additional topping(s) or changes may require extra charge.

***Caesar salad contains raw egg**

Name: _____

Pick up time: _____

Lunch Served Mon. – Thurs. | 10:30 am - 3:00 pm

Soup - Made Fresh Daily

- ☐ **Cup of Soup** 5⁷⁵
- ☐ **Bowl of Soup** 7²⁵

Burritos

- ☐ **Grilled Chicken Burrito** 10⁹⁵
Chicken, beans, cheese, lettuce, tomato, red onion with side salsa and sour cream (add avocado for 100)
- ☐ **Grilled Steak Burrito** 11²⁵
Seasoned steak, cheese, Spanish rice, beans and tomato wrapped in a flour tortilla. Served with salsa and sour cream.
- ☐ **Grilled Vegetarian Burrito** 10⁹⁵
Beans, cheese, rice, grilled veggies, lettuce, tomato and avocado wrapped in a flour tortilla. Served with salsa and sour cream.

Quiche

- ☐ **Homemade Quiche Ala Carte** 9⁰⁰
With your choice of:
☐ Cup of Soup ☐ *Caesar ☐ Green Salad ☐ Cup of Fruit... 11⁷⁵

Paninis & Tortinis

Choose a Panini with Schat's bread
or a Tortini with a flour tortilla

- ☐ **Pesto Grilled Chicken Panini** 10²⁵
Pesto, grilled chicken, spinach, tomatoes, onions, provolone on sourdough or a tortilla
- ☐ **BBQ Grilled Chicken Panini** 10²⁵
BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack cheese on sourdough or a tortilla
- ☐ **BBQ Grilled Tri-Tip Panini** 10⁵⁰
BBQ Grilled Tri-Tip, onions, bell peppers, tomatoes, jalapeno jack cheese on shepherders bread or tortilla

Ready to Go

In a Hurry?
Check out the pre-made items in our case!
Burritos, Sandwiches and More!



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Specialty Sandwiches

☐ **Small Sandwich and Your Choice of** 11⁷⁵

☐ Cup of Soup ☐ Caesar* ☐ Green Salad ☐ Cup of Fruit

☐ **The Final Exam** 7⁵⁰ / 10⁵⁰

Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack cheese, mayo, and mustard on sliced sourdough

☐ **Professor** 7⁵⁰ / 10⁵⁰

Sliced honey roasted chicken, red onions, smoky cheddar cheese, tomatoes, sprouts, with honey dijon and mayo on fresh shepherders bread

☐ **Honor Roll** 7²⁵ / 10²⁵

Avocado, sprouts, onion, cucumber, tomatoes, spinach, carrots, and jack cheese with honey dijon on multi-grain bread

☐ **Mid Term** 7²⁵ / 10²⁵

Tuna, tomato and sprouts on sliced sourdough

☐ **Incomplete (wrap)** 7⁵⁰ / 10⁵⁰

Turkey, avocado, lettuce, tomato, swiss cheese and mayonnaise in a flour tortilla

☐ **The Achiever (wrap)** 7⁵⁰ / 10⁵⁰

Marinated chicken and bacon tossed with Caesar* salad in a flour tortilla

☐ **B.L.T.** 7⁵⁰ / 10⁵⁰

Bacon, lettuce, tomato with mayonnaise on toasted shepherders bread

Value Menu

☐ **2 Chicken Tacos** 5²⁵

☐ **2 Steak Tacos** 5⁵⁰

☐ **The Mendo Eagle** 6⁷⁵

Dutch crunch roll, European butter, fresh roasted turkey, salami and swiss cheese

☐ **Nachos Chips and Cheese** 4⁵⁰

☐ **Bag Lunch** 9⁹⁵

Small build your own sandwich (price doesn't include extras), bag of chips and fountain drink

Build Your Own Awesome Sandwich

☐ **Small Sandwich** 7²⁵

☐ **Large Sandwich** 10²⁵

☐ **Small Sandwich, Add One Item:** 11⁷⁵

☐ Cup of Soup ☐ Caesar* ☐ Green Salad ☐ Cup of Fruit

Breads

- ☐ Shepherders
- ☐ Sourdough
- ☐ French Roll
- ☐ Dutch Crunch Roll
- ☐ Hoagie Roll
- ☐ Multi-Grain Wheat
- ☐ Tortilla Wrap
- ☐ Honey Molasses
- ☐ Gluten Free (.50)

Meats

- ☐ Ham
- ☐ Roast Beef
- ☐ Roasted Turkey
- ☐ Smoked Turkey
- ☐ Tuna
- ☐ Salami
- ☐ Pastrami
- ☐ Honey Roasted Chicken (add .50)
- ☐ Chicken Salad

Cheese

- ☐ Monterey Jack
- ☐ Mild Cheddar
- ☐ Swiss
- ☐ Provolone
- ☐ Jalapeno Jack
- ☐ Smokey Cheddar
- ☐ Cream Cheese (.50)

Condiments

- ☐ Dijon
- ☐ Honey Dijon
- ☐ Mayonnaise
- ☐ Mendo Mustard
- ☐ Mustard
- ☐ Green Leaf Lettuce
- ☐ Iceburg Lettuce
- ☐ Tomato
- ☐ Onions
- ☐ Sprouts
- ☐ Pickles
- ☐ Oil & Vinegar
- ☐ Salt & Pepper
- ☐ Vegenaïse

Extras

- ☐ Pesto Sauce (.75)
- ☐ Carrots (.50)
- ☐ Cucumbers (.50)
- ☐ Cranberry Sauce (.50)
- ☐ 1/4 Avocado (1⁰⁰)
- ☐ 1/2 Avocado (2⁰⁰)
- ☐ Pepperoncini (.50)
- ☐ Sliced Jalapenos (.50)
- ☐ Roasted Red Bells (.50)
- ☐ Hummus (1²⁵)

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