



Schat's Bakery & Cafe at Friedman's

1255 A Airport Park Blvd. | Ukiah, CA | (707) 468-5850
Lunch Served M-F 6am-4pm | Sat 7am-4pm | Sun 8am-4pm

- Order online at www.schats.com -



Quick Breakfast Ideas

Served until 11am Mon-Fri and 11:30am Sat & Sun

Schat's Breakfast Bagel..... 7⁵⁰

Choose any one of our delicious bagels and we'll add scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey

California Light Bagel..... 6⁹⁵

Cream cheese, cucumber, tomato, avocado and sprouts on your choice of bagel

Filled Breakfast Croissant..... 8⁹⁵

Scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey on a croissant

Schat's Breakfast Burrito..... 9⁰⁰

Scrambled eggs, melted cheese, seasoned potatoes, with your choice of ham, bacon, sausage or turkey with salsa on the side

Garden Breakfast Burrito..... 9⁰⁰

Filled with eggs, tomatoes, seasoned potatoes, onions, mushrooms, spinach, zucchini, bell peppers, and avocado with salsa on the side

Hot! Hot! Hot! Burrito..... 9²⁵

Scrambled eggs with Louisiana Hot Sausage, jalapeños, cheese, seasoned potatoes, mushrooms and a dash of Tobasco sauce

Old Fashioned Buckeye Oatmeal..... 6⁷⁵

Served with brown sugar, cranberries, walnuts and milk

Zach's Breakfast Bowl..... 11²⁵

Seasoned potatoes, sauteed veggies, avocado, choice of ham, bacon sausage or turkey, topped with three over easy eggs

Protein Burrito

Three egg whites plus a whole egg scrambled with bacon, mushrooms, spinach, red bell peppers, feta cheese, and avocado

Wrapped in a tortilla..... 10⁰⁰

In a bowl with wheat toast..... 10⁰⁰

Breakfast Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

Bacon, Mushroom, Spinach Panini/Tortini..... 9⁷⁵

Bacon, mushroom, spinach, jack cheese and eggs on Shepherders bread or a tortilla

Apple Chicken Sausage Panini/Tortini..... 9⁷⁵

Apple chicken sausage, spinach, mushroom, jack cheese & eggs served on sourdough wheat bread or a tortilla

Schat's Specialty Salads Served with a Fresh Roll & Butter

Dressings Available: Ranch, Bleu Cheese, 1000 Island, Honey Mustard, Avocado Vinaigrette, Italian, Sesame and Balsamic Vinaigrette

Caesar Salad*..... 8²⁵ / 11⁵⁰

Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago cheese and croutons

Add Chicken..... 9²⁵ / 12⁵⁰

Cashew Chicken..... 9²⁵ / 12⁵⁰

Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds

Apple Walnut Feta..... 9²⁵ / 12⁵⁰

Mixed Greens, apples, caramelized walnuts and feta cheese served with honey mustard dressing

Spinach Salad..... 9²⁵ / 12⁵⁰

Spinach, mushrooms, tomatoes, carrots, cranberries, and feta cheese with honey mustard dressing (add bacon 1⁵⁰)

Cobb Salad..... 9²⁵ / 12⁵⁰

Marinated chicken breast on a bed of greens, hard boiled egg, tomatoes, and avocado slices with avocado vinaigrette dressing topped with bacon bits and crumbled bleu cheese

Taco Salad..... 9²⁵ / 11⁵⁰

Tortilla chips, a bed of greens, warm vegetarian black beans, tomatoes, onions, sour cream, salsa and cheese

Add Chicken..... 9⁵⁰ / 12⁵⁰

Cafe Greens..... 8²⁵ / 11⁵⁰

Greens with broccoli, cauliflower, carrots, tomatoes, cucumber, sprouts & choice of dressing

Cafe Chef..... 10⁰⁰ / 13⁰⁰

All the Courthouse greens plus jack, cheddar, ham, turkey, hard-boiled egg and bacon bits

*contains raw eggs

Grilled Pesto Chicken Salad..... 10⁰⁰ / 13⁰⁰

Pene pasta with Romaine lettuce, tomatoes, carrots, bell peppers, rice sticks with pesto grilled chicken and Italian dressing

Mediterranean Salad..... 10⁰⁰ / 13⁰⁰

Marinated chicken breast on a bed of greens, chopped salami, artichoke hearts, olives, sun-dried tomatoes, feta cheese, with Italian dressing

Soups - Made Fresh Daily

Cup of Soup..... 5⁷⁵

Bowl of Soup..... 7⁵⁰

All You Can Eat Soup & Bread..... 12⁰⁰

Soups & Salad

Cafe Greens & Bowl of Soup..... 13⁰⁰

Caesar & Bowl of Soup..... 13⁰⁰

Burritos

Chicken Burrito..... 11⁰⁰

Beans, chicken, cheese, rice, red onions, tomato, and lettuce in a flour tortilla. Served with salsa & sour cream

Vegetarian Burrito..... 11⁰⁰

Beans, cheese, rice, grilled veggies, tomato, avocado, and lettuce, in a flour tortilla. Served with salsa & sour cream

Specialty

Sm Sandwich, 12 oz. cup of soup, Caesar* salad, cup of fruit or green salad..... 12⁰⁰

The Hammer 7⁵⁰ / 10⁵⁰

Sliced honey roasted chicken, red onions, smokey cheddar, tomatoes, sprouts, honey dijon, and mayo on Shepherd's bread

The Foreman 7⁵⁰ / 10⁵⁰

Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack cheese, mayo, and mustard on fresh sourdough bread

The Journeyman 7⁵⁰ / 10⁵⁰

Thin sliced, marinated Tri-Tip, cheddar, tomato, lettuce, mayo and chipotle sauce on a french roll

Friedman Bros. Classic 7⁵⁰ / 10⁵⁰

Heated lean New York style pastrami topped with cool cole slaw on a french roll with dijon mustard

Tool Time Tuna 7⁰⁰ / 10⁰⁰

Fresh tuna on a honey molasses bread with mayo, tomatoes & sprouts

Sub Contractor 7⁵⁰ / 10⁵⁰

Thin sliced salami, ham, turkey, onions, olives, provolone, lettuce, tomato, mayo & pesto on a French roll

2 x 4 7⁵⁰ / 10⁵⁰

Ham, turkey, pastrami, marinated Tri-Tip, jack, cheddar, lettuce, tomato, mayo & mustard on multi-grain

The Arc Welder 7⁵⁰ / 10⁵⁰

Louisiana hot sausage on a french roll heated with mustard, pepperoncinis and jalapeño jack cheese

The Green House 7⁵⁰ / 10⁵⁰

A vegetarian sandwich served with avocado, sprouts, onions, cucumber, tomatoes, spinach, carrots, and jack cheese with honey dijon mustard on multi grain

B.L.T 7⁵⁰ / 10⁵⁰

Bacon, lettuce, tomato, with mayonnaise on toasted Seedlicious bread. (add avocado 1⁰⁰ / 2⁰⁰)

The Architect 11⁰⁰

Chicken salad sandwich on a fresh butter croissant with lettuce tomato and sprouts (add avocado for 2⁰⁰)

Specials - Specials - Specials - Specials

Homemade Quiche A la Carte 9⁰⁰

With side Caesar / green salad or cup of soup or cup of fruit 12⁰⁰

Lunch Special of the Day (check the board)

Wonderful Wraps

The Turkey Pen 7⁵⁰ / 10⁵⁰

Fresh roasted turkey breast, tomato, avocado, lettuce, jack cheese, mayo & mustard on a flour tortilla

Roman Pillar* 7⁵⁰ / 10⁵⁰

A delicious chicken & bacon Caesar salad wrapped in a flour tortilla

Thai Wrap 6⁷⁵ / 9⁵⁰

Sprouts, tomatoes, avocado, cilantro, bell peppers, olives, cucumbers, spinach, with a peanut vinegar dressing

Cobb Wrap 7⁵⁰ / 10⁵⁰

Marinated chicken breast, mixed greens, hard boiled egg, tomatoes, bacon bits, avocado slices, crumbled blue cheese with avocado vinaigrette wrapped in a tortilla

Build Your Own Custom Sandwich Creation

- Small Sandwich 7²⁵
- Large Sandwich 10⁵⁰
- Custom Combo with cup of soup, cup of fruit, or Caesar/green salad 12⁰⁰

Breads

- Shepherders
- Sourdough
- French Roll
- Dutch Crunch Roll
- Soft Roll
- Multi-Grain Wheat
- Rye Bread
- Tortilla Wrap
- Honey Molasses
- Sourdough Wheat
- Sunflower Seed
- Seedlicious
- Gluten Free (.50)

Cheese

- Monterey Jack
- Mild Cheddar
- Swiss
- Provolone
- Jalapeno Jack
- Smokey Cheddar
- Cream Cheese (.50)

Condiments

- Dijon
- Honey Dijon
- Mayonnaise
- Mendo Mustard
- Mustard
- Green Leaf Lettuce
- Iceburg Lettuce
- Tomato
- Onions
- Sprouts
- Pickles
- Oil & Vinegar
- Salt & Pepper
- Vegenaize

Meats

- Ham
- Roast Beef
- Roasted Turkey
- Smoked Turkey
- Tuna
- Salami
- Pastrami
- Honey Roasted Chicken (add .50)
- Chicken Salad

Extras

- Pesto Sauce (.75)
- Carrots (.50)
- Cucumbers (.50)
- Cranberry Sauce (.50)
- 1/4 Avocado (1⁰⁰)
- 1/2 Avocado (2⁰⁰)
- Pepperoncini (.50)
- Sliced Jalapeños (.50)
- Roasted Red Bells (.50)
- Hummus (1²⁵)

Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

Chipotle Tri-Tip Panini 10⁵⁰

Tri-tip with chipotle sauce, mushrooms, bell peppers and pepper jack cheese on multigrain or a tortilla

Pesto Panini 10⁵⁰

Salami, pastrami, pesto, onions, roasted red bell peppers, artichoke hearts and provolone cheese on Shepherders or a tortilla

BBQ Grilled Chicken Panini 10⁵⁰

BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack cheese on sourdough or a tortilla

Tuna Melt Panini 10⁵⁰

White Albacore tuna salad, with Jack cheese on sourdough bread

Baked Potatoes

The Norm 7⁵⁰

Served with butter, sour cream and chives

The Works 9⁹⁵

Piled high with red onions, broccoli, bacon bits, cheese, sour cream, chives, tomatoes and butter