

Schat's Bakery & Cafe at Friedman's

1255 A Airport Park Blvd. I Ukiah, CA I (707) 468-5850 Lunch Served M-F 6am-4pm | Sat 7am-4pm | Sun 8am-4pm

- Order online at www.schats.com -



Quick Breakfast Ideas

Served until 11am Mon-Fri and 11:30am Sat & Sun

Schat's Breakfast Bagel 850 Choose any one of our delicious bagels and we'll add scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey California Light Bagel 750 Cream cheese, cucumber, tomato, avocado and sprouts on your choice	Old Fashioned Buckeye Oatmeal 800 Served with brown sugar, cranberries, walnuts and milk Zach's Breakfast Bowl 1275 Seasoned potatoes, sauteed veggies, avocado, choice of ham, bacon sausage or turkey, topped with three over easy eggs
of bagel Filled Breakfast Croissant 950 Scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey on a croissant	Protein Burrito Three egg whites plus a whole egg scrambled with bacon, mushrooms, spinach, red bell peppers, feta cheese, and avocado Wrapped in a tortilla
Schat's Breakfast Burrito	In a bowl with wheat toast
Garden Breakfast Burrito	Choose a Panini with Schat's bread or a Tortini with a flour tortilla Bacon , Mushroom , Spinach Panini / Tortini 10 ⁵⁰ Bacon, mushroom, spinach, jack cheese and eggs on
Hot! Hot! Burrito	Sheepherders bread or a tortilla Apple Chicken Sausage Panini/Tortini

Schat's Specialty Salads Served with a Fresh Roll & Butter

stard, Avocado Vinaigrette, Italian, Sesame and Balsamic Vinaigrette

Dressings Available: Ranch, Bleu Cheese, 1000	Island, Honey Mus
Caesar Salad* Romaine lettuce, Parmesan cheese, tossed in a Caesar d with asiago cheese and croutons Add Chicken	ressing topped
Ultimate Caesar Salad Remaine lettuce, Parmesan cheese, asiago cheese, toma bacon, topped with croutons tossed in a Caesar dressing	toes, cucumbers,
Cashew Chicken Marinated chicken breast on a bed of greens, in a light se topped with cashews, rice sticks, bell peppers and sesan	esame dressing,
Apple Walnut Feta	
Spinach Salad Spinach, mushrooms, tomatoes, carrots, cranberries, and honey mustard dressing (add bacon 150)	
Cobb Salad	d egg, tomatoes,
Burritos	
Chicken Burrito Beans, chicken, cheese, rice, red onions, tomato, and I flour tortilla. Served with salsa & sour cream	
V D	1050

Vegetarian Burrito 1250 Beans, cheese, rice, grilled veggies, tomato, avocado, and lettuce,

in a flour tortilla. Served with salsa & sour cream

Taco Salad
Cafe Chef
Grilled Pesto Chicken Salad
Mediterranean Salad

*contains raw eggs

Soups -	Made	Fres	_a D	aily
Soups -	Tauc	TICSI	\mathbf{L}	ally

Cup of Soup	650
Bowl of Soup	800
All You Can Eat Soup & Bread	1300

Soups & Salad

Cafe Greens & Bowl of Soup145	0
Caesar & Bowl of Soup145	0

Sandwiches | Spuds | Wraps | Paninis & Tortinis | Quiche

Sliced ho sprouts, The F	Specialty Combo Regular Sandwich, 12 oz. cup of soup, Caesar* salad, cup of fruit or green salad13 ⁵⁰ Hammer	Build Your Own Custo Regular Sandwich Large Sandwich Custom Combo with regular so cup of fruit, or Caesar/green s
Fresh roacheese, The John Slice sauce or Fried: Heated Infrench roaches turn Sub Commayo & part of the Sub Commander of the Sub	asted turkey breast, bacon, tomatoes, avocado, lettuce, jack mayo, and mustard on fresh sourdough bread ourneyman	Breads Sheepherders Sourdough French Roll Dutch Crunch Roll Hoagie Soft Roll Multi-Grain Wheat Rye Bread Tortilla Wrap Honey Molasses Sourdough Honey Molasses Seedlicious Gluten Free (.50) Dijon Mayonna Mayonna Mayonna Mayonna Mayonna Mendo M Mustard Mustard Green Le Green Le Combina Mayonna
Louisiana and jalap The C A vegetal toes, spir B.L.T Bacon, le	Arc Welder	Cheese Monterey Jack Mild Cheddar Swiss Provolone Jalapeno Jack Smokey Cheddar Cream Cheese (.50)
B.L.T Bacon, le sauce or The H Black Fo cheddar The A Chicken	Architect	Paninis & Choose a Panini with Schat's breach Chipotle Tri-Tip Paning Tri-tip with chipotle sauce, mushroof jack cheese on multigrain or a tortill
Fresh mayo Ron	Wonderful Wraps Turkey Pen	Pesto Panini Salami, pastrami, pesto, onions, roa artichoke hearts and provolone che BBQ Grilled Chicken BBQ Grilled Chicken, mushrooms, cheese on sourdough or a tortilla Tuna Melt Panini White Albacore tuna salad, with Jac
Tha Sprout spinace Cob Marina bacon vinaign Regin	i Wrap	Pesto Grilled Chicken Pesto, grilled chicken, spinach, tom mayo on our sourdough wheat brea A la Homemade Quiche A l With side Caesar / green salad or or
Janua,	Jacobar Sarad, or a Sup of Hosti Hult	with side Caesar / green saidd or c

Build Your Own Custom Sandwich Creation			
Large Sandwich.Custom Combo v	vith regular sandwich	875 1200 I, cup of soup, 1350	
Breads Sheepherders Sourdough French Roll Dutch Crunch Roll Hoagie Soft Roll Multi-Grain Wheat Rye Bread Tortilla Wrap Honey Molasses Sourdough Wheat Seedlicious Gluten Free (.50) Cheese Monterey Jack Mild Cheddar Swiss Provolone Jalapeno Jack Smokey Cheddar Cream Cheese (.50)	 ☐ Mustard ☐ Green Leaf Lettuce ☐ Iceburg Lettuce ☐ Tomato ☐ Onions ☐ Sprouts ☐ Pickles ☐ Oil & Vinegar ☐ Salt & Pepper ☐ Vegenaise 	Meats Ham	

Paninis & Tortinis

Choose a Panini with Schat's bread or a Tortini with a flour tortilla

Choose a Lamin with Schale Broad of a Termin with a hour termina
Chipotle Tri-Tip Panini
Pesto Panini
BBQ Grilled Chicken Panini
Tuna Melt Panini
Pesto Grilled Chicken Panini

A la Carte

Homemade Quiche A la Carte	1050
With side Caesar / green salad or oun of soun or oun of fruit	1350