



# Schat's Bakery & Deli at the Eagles Nest

1000 Hensley Creek Rd. Ukiah, CA  
(707) 468-3145

Name: \_\_\_\_\_

### Store Hours

Mon- Thur | 7:00am to 8:15pm  
Friday | 7:00am to 3:00pm

Pick Up Time: \_\_\_\_\_

## Fresh Pastries & Coffees Served Daily

### Quick Breakfast Ideas

Breakfast Served Daily 7:00am to 10:30am

- Breakfast Bagel**..... \$4.25  
Fresh bagel filled with cheese, egg and choice of  
 Ham or  Bacon
- Breakfast Burritos**..... \$5.25  
Scrambled eggs, cheese, seasoned potatoes, with salsa on the side. Your choice of  
 Ham  Bacon  Sausage
- Filled Croissant**..... \$4.75  
Fresh baked croissant filled with cheese, egg and choice of  
 Ham or  Bacon
- The Breakfast Plate**..... \$6.00  
Scrambled eggs, seasoned potatoes and your choice of  
 Ham Steak  2 Bacon Slices  3 Sausage Links

## Lunch Ideas Served Mon-Thur 10:30am - 3:00pm | Fri 10:30am - 1:30pm

### Specialty Sandwiches \*Only one substitution please

- Small Sandwich..... \$4.75
- Sm Sandwich w/12 oz. soup, caesar salad or green salad.....\$7.99
- The Final Exam**..... \$6.99  
Fresh roasted turkey breast, bacon, tomato, avocado, lettuce, jack cheese, mayo & mustard on sourdough
- Professor**..... \$6.99  
Sliced honey roasted chicken, red onions, smokey cheddar cheese, tomato, sprouts, honey dijon & mayo Served on fresh Shepherders bread.
- Honor Roll**..... \$6.50  
Avocado, red onion, carrots, cucumber, tomato, jack cheese, sprouts & spinach on multi grain bread with honey dijon
- Mid Term**..... \$6.50  
Tuna, tomato & sprouts on sliced sourdough
- Incomplete (wrap)**..... \$6.50  
Turkey, avocado, mayo, lettuce, tomato & swiss in a flour tortilla
- The Achiever (wrap)**..... \$6.50  
A delicious chicken and bacon caesar salad in a flour tortilla
- Eagles Nest Nachos**..... \$3.95  
Chips, cheese, sour cream & jalapenos
- Nacho Chips & Cheese**..... \$3.00
- Text Book Nachos**..... \$4.25  
Chips, cheese, sour cream & your choice of beans

### Build Your Own Custom Sandwich Creation

- Small Sandwich..... \$4.75
- Large Sandwich.....\$6.50
- Sm Sandwich w/12 oz. soup, caesar salad or green salad.\$7.99

#### Breads

- Shepherders
- Sliced Sourdough
- French Roll
- Soft Milk Roll
- Multi-Grain
- Rye Bread
- Tortilla Wrap
- Sunflower Seed

#### Meats

- Roasted Tri-Tip
- Turkey
- Ham
- Pastrami
- Roasted Turkey
- Salami
- Tuna
- Honey Roasted Chicken (add .35)

#### Cheeses

- Jack
- Cheddar
- Swiss
- Provolone
- Jalapeno Jack
- Smokey Cheddar

#### Condiments

- Mayonnaise
- Mustard
- Mendocino Mustard
- Dijon
- Honey Dijon
- Lettuce
- Tomato
- Sprouts
- Pickle
- Red Onions
- Vegenaise

#### Extras

- Pesto (add .25)
- Olives (add .25)
- Carrots (add .35)
- Cucumber (add .35)
- Sm Avocado (add .50)
- Jalapeño (add .50)
- Pepperoncini (add .50)
- Cranberry Sauce (add.50)
- Lg Avocado (add .90)
- Hummus (1.00)

## Specials · Specials · Specials · Specials

**Homemade Quiche a La Carte** ..... \$5.25  
With side caesar, green salad or 12oz. soup ..... \$7.75

**Pizza by The Slice** ..... \$2.60  
With side caesar or green salad ..... \$5.95

**Lunch Special of The Day** (check the board)

Check out the Fresh Pre-Made Ready-to-Go items in our case.



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## Soups ~ Made Fresh Daily

### Our Freshly Made Soup

- 16oz..... \$4.75
- 12oz..... \$3.50

## Salads

Served with a fresh roll & butter

- Caesar\*** ..... Small \$4.95 Large \$6.75  
Romaine lettuce, Parmesan cheese tossed in a caesar dressing, topped with Asiago cheese and croutons
- Chicken Caesar\*** ..... Small \$5.75 Large \$8.50  
Our classic Caesar topped w/ marinated chicken
- Cashew Chicken**..... Small \$5.75 Large \$8.50  
Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds.
- Spinach** ..... Small \$5.50 Large \$7.99  
Spinach leaves, mushrooms, carrots, tomatoes, cranberries and feta cheese, honey mustard dressing
- Spinach w/ Bacon** ... Small \$5.99 Large \$8.50  
Our Spinach Salad with Bacon
- College Greens** ..... Small \$4.75 Large \$6.50  
Greens with broccoli, cauliflower, carrots, tomatoes, with your choice of dressing
- Apple Walnut Feta** ..... Sm \$5.50 Lg \$7.99  
Mixed Greens, apples, caramelized walnuts and feta cheese served with honey mustard dressing
- College Chef Salad** ..... Sm \$5.95 Lg \$8.50  
All the college greens plus jack, cheddar, ham, turkey, hard-boiled egg and bacon bits
- Small Mixed Green & Soup** (16 oz.)..... \$8.50
- Small Caesar & Soup** (16 oz.) ..... \$8.75

\*Contains Raw Eggs

## Dressings Available

- Ranch
- Balsamic Vinaigrette
- Italian
- Caesar
- Honey Mustard
- Sesame

## Burritos

- Chicken Burrito** ..... \$5.95  
Black beans, chicken, cheese, rice & onions, in a flour tortilla. Served with salsa & sour cream
- Bean & Cheese Burrito** ..... \$3.00
- Bean, Cheese & Spanish Rice**..... \$3.65
- Vegetarian Burrito** ..... \$5.95  
Black Beans, cheese, rice, onions tomatoes and avocado, with sour cream and salsa wrapped in a flour tortilla

## Baked Potatoes

- Plain Baked Potato** ..... \$3.25
- The Norm** ..... \$4.25  
Served with butter, sour cream and chives
- The Works** ..... \$5.75  
Piled high with red onions, broccoli, bacon bits, cheese, sour cream, chives, tomatoes and butter
- El Ranchero** ..... \$5.50  
Topped with tomatoes, broccoli, red onions, cheese, ranch dressing and salsa
- The Slim Tater** ..... \$5.50  
Broccoli, tomatoes, red onions, salsa, and sour cream

## Build Your Own Baked Potato

Start with \$3.25 and add on:

- Red Onion.....25
- Chives .....25
- Butter .....50
- Salsa .....50
- Tomatoes .....50
- Sour Cream .....50
- Ranch Dressing .....50
- Broccoli .....50
- Cheese .....75
- Real Bacon Bits ....75
- Black Beans .....1.00
- Chili.....1.00
- Chicken .....1.99

Friedman Bros. Location  
Bakery & Cafe

1255 Airport Park Blvd. | Ukiah, CA  
(707) 468-5850

Downtown  
Courthouse Bakery & Cafe

113 W. Perkins St. | Ukiah, CA  
(707) 462-1670

Visit us online to learn about Catering & Custom Decorated Cakes. [www.schats.com](http://www.schats.com)

In A Hurry? Call Or Fax In Your Order Ahead

(707) 468-3145 (707) 467-1009 Fax