



# Schat's Bakery & Deli at the Eagle's Nest

1000 Hensley Creek Rd. | Ukiah, CA  
(707) 468-3145

Name: \_\_\_\_\_

Pick up time: \_\_\_\_\_

Lunch Served Mon. – Thurs. | 10:30 am - 3:00 pm  
Friday | 10:30 am - 1:30 pm

## Specialty Salads

- Caesar\*** ..... 5<sup>75</sup> / 8<sup>00</sup>  
Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago and croutons
- Chicken Caesar\*** ..... 6<sup>75</sup> / 9<sup>25</sup>  
Our classic Caesar topped with marinated chicken
- Cashew Chicken** ..... 6<sup>75</sup> / 9<sup>25</sup>  
Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds
- Spinach Salad** ..... 6<sup>75</sup> / 9<sup>25</sup>  
Spinach, mushrooms, tomatoes, carrots, cranberries, and feta cheese with honey mustard dressing (add bacon \$.50)
- College Greens** ..... 5<sup>75</sup> / 8<sup>50</sup>  
A bed of mixed greens, broccoli, cauliflower, grated carrot, and tomato with your choice of dressing
- Apple Walnut Feta** ..... 6<sup>75</sup> / 9<sup>50</sup>  
Mixed Greens, apples, caramelized walnuts and feta cheese served with honey mustard dressing
- College Chef** ..... 6<sup>95</sup> / 9<sup>75</sup>  
A bed of mixed greens, ham, turkey, boiled egg, bacon bits, jack & cheddar cheese with your choice of dressing
- Soup & Small Green Salad** ..... 9<sup>75</sup>  
Small green salad with a bowl of soup
- Soup & Small Caesar Salad** ..... 9<sup>75</sup>  
Small caesar salad with a bowl of soup

## Salad Dressings

- |   |  |
|---|--|
| <input type="checkbox"/> Balsamic Vinaigrette | <input type="checkbox"/> Honey Mustard |
| <input type="checkbox"/> Bleu Cheese          | <input type="checkbox"/> Italian       |
| <input type="checkbox"/> Caesar*              | <input type="checkbox"/> Sesame        |
|   | <input type="checkbox"/> Ranch         |

Substitutions additional topping(s) or changes may require extra charge.

\*Caesar salad contains raw egg

### Go Eagles!

Don't forget to check out our value menu!

## Soup - Made Fresh Daily

- Cup of Soup** ..... 4<sup>10</sup>
- Bowl of Soup** ..... 5<sup>45</sup>

## Burritos

- Grilled Chicken Burrito** ..... 7<sup>20</sup>  
Chicken, beans, cheese, lettuce, tomato, red onion with side salsa and sour cream (add avocado for 1<sup>00</sup>)
- Grilled Steak Burrito** ..... 7<sup>20</sup>  
Seasoned steak, cheese, Spanish rice, beans and tomato wrapped in a flour tortilla. Served with salsa and sour cream.
- Grilled Vegetarian Burrito** ..... 7<sup>20</sup>  
Beans, cheese, rice, grilled veggies, lettuce, tomato and avocado wrapped in a flour tortilla. Served with salsa and sour cream.

## Quiche

- Homemade Quiche Ala Carte** ..... 6<sup>45</sup>  
*With your choice of:*
- Cup of Soup    \*Caesar    Green Salad    Cup of Fruit ... 9<sup>25</sup>

## Paninis & Tortinis

Choose a Panini with Schat's bread  
or a Tortini with a flour tortilla

- Pesto Grilled Chicken Panini** ..... 7<sup>95</sup>  
Pesto, grilled chicken, spinach, tomatoes, onions, provolone on sourdough or a tortilla
- BBQ Grilled Chicken Panini** ..... 7<sup>95</sup>  
BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack cheese on sourdough or a tortilla
- Chipotle Grilled Tri-Tip Panini** ..... 7<sup>95</sup>  
Chipotle grilled Tri-Tip, bell peppers, onions, spinach, mushrooms, jack cheese on multigrain bread or tortilla
- BBQ Grilled Tri-Tip Panini** ..... 7<sup>95</sup>  
BBQ Grilled Tri-Tip, onions, bell peppers, tomatoes, jalapeno jack cheese on shepherders bread or tortilla

## Ready to Go

**In a Hurry?**  
Check out the pre-made items in our case!  
Burritos, Sandwiches and More!



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## Specialty Sandwiches

- Small Sandwich** ..... 5<sup>35</sup>
- Small Sandwich and Your Choice of** ..... 9<sup>25</sup>
- Cup of Soup    Caesar\*    Green Salad    Cup of Fruit
- The Final Exam** ..... 7<sup>85</sup>  
Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack cheese, mayo, and mustard on sliced sourdough
- Professor** ..... 7<sup>85</sup>  
Sliced honey roasted chicken, red onions, smoky cheddar cheese, tomatoes, sprouts, with honey dijon and mayo on fresh shepherders bread
- Honor Roll** ..... 7<sup>45</sup>  
Avocado, sprouts, onion, cucumber, tomatoes, spinach, carrots, and jack cheese with honey dijon on multi-grain bread
- Mid Term** ..... 7<sup>25</sup>  
Tuna, tomato and sprouts on sliced sourdough
- Incomplete (wrap)** ..... 7<sup>45</sup>  
Turkey, avocado, lettuce, tomato, swiss cheese and mayonnaise in a flour tortilla
- The Achiever (wrap)** ..... 7<sup>45</sup>  
Marinated chicken and bacon tossed with Caesar\* salad in a flour tortilla

## The Eagle's Combo

- The Eagle's Combo** ..... 10<sup>00</sup>  
Your choice of small sandwich plus a bag of chips, cookie and small fountain drink

## Baked Potato Specialties

- The Norm** ..... 4<sup>85</sup>  
Topped with butter, sour cream and chives
- The Works** ..... 7<sup>20</sup>  
Topped with red onion, broccoli, bacon bits, cheese, tomato, butter, sour cream and chives



To provide a gather place for the best things in life...  
Friends, Family & Food!

## Specialty Sandwiches

- Small Sandwich** ..... 5<sup>20</sup>
- Large Sandwich** ..... 7<sup>45</sup>
- Small Sandwich, Add One Item:** ..... 9<sup>25</sup>
- Cup of Soup    Caesar\*    Green Salad    Cup of Fruit

### Breads

- Shepherders
- Sourdough
- French Roll
- Dutch Crunch Roll
- Potato Hoagie Roll
- Multi-Grain Wheat
- Tortilla Wrap
- Honey Molasses
- Sourdough Wheat
- Sunflower Seed
- Seedilicious
- Gluten Free (.50)

### Condiments

- Dijon
- Honey Dijon
- Mayonnaise
- Mendo Mustard
- Mustard
- Green Leaf Lettuce
- Iceburg Lettuce
- Tomato
- Onions
- Sprouts
- Pickles
- Oil & Vinegar
- Salt & Pepper
- Vegenaise

### Meats

- Ham
- Roast Beef
- Roasted Turkey
- Smoked Turkey
- Tuna
- Salami
- Pastrami
- Honey Roasted Chicken (add .50)
- Chicken Salad

### Cheese

- Monterey Jack
- Mild Cheddar
- Swiss
- Provolone
- Jalapeno Jack
- Smokey Cheddar
- Cream Cheese (.50)

### Extras

- Pesto Sauce (.50)
- Carrots (.50)
- Cucumbers (.50)
- Cranberry Sauce (.50)
- Sm. Avocado (.50)
- Lg. Avocado (1<sup>00</sup>)
- Pepperoncini (.50)
- Sliced Jalapenos (.50)
- Roasted Red Bells (.50)
- Hummus (1<sup>00</sup>)

## Nachos

- Nacho Chips & Cheese** ..... 3<sup>60</sup>
- Eagles Nest Nachos** ..... 4<sup>65</sup>  
Chips, cheese, sour cream and jalapeño
- Text Book Nachos** ..... 5<sup>15</sup>  
Chips, cheese, sour cream with your choice of refried or black beans